



*Gücümüz Birliğimiz,
Kadınlar Geleceğimiz.*

SOROPTIMIST INTERNATIONAL OF TURKEY

Herewith we are presenting you our last term detailed report.

Report is consisted of our local and international level activities related with our goals:



- *Education
- *Economic Empowerment of Women
- *Eliminating Violence Against Women
- *Health and Food Security
- *Sustainable Environment

For your kind attention.

With my sincere regards,

Sevil Ayas Koca
SI Turkish Union President
2021-2023



SOROPTIMIST INTERNATIONAL

WHO ARE SOROPTIMISTS?

After the founding of the first Soroptimist Club in Oakland, California, in 1921, the prominent French cosmetic surgeon Dr Suzanne Noël initiated the first Soroptimist International Club in Paris in 1924. She inspired the founding of the first Club in continental Europe as well as many others after that. Dr Noël set an unrivalled record by establishing a dozen clubs around the world, thus widely disseminating the concept of Soroptimism. It was therefore fitting that Suzanne Noël was elected the first President of the European Federation of Soroptimist International in 1930.

Since then, the European Federation, i.e. Soroptimist International of Europe now consists of nearly 31,400 members, present in 44 countries.

GLOBAL VOICE FOR WOMEN

Soroptimists are professional women who are engaged in their communities and who work actively on improving the lives of women and girls in these communities. Soroptimists have a global vision of the world and of women's issues. We are in touch with the challenge's women face in their local communities on a daily basis and have a deep understanding of their living conditions and their rights.

As Soroptimists, we conceptualize and implement projects to better the lives of women and girls and are ideally positioned to respond to challenges that are global in scope but need to be implemented in accordance with local realities.

We have been advocating for women's and girls' rights at the local, national, and international levels since 1921. We have acted as a 'global voice for women' in different international fora and in the communities we live in.

There are more than 72,000 Soroptimists around the world and nearly 31,000 across Europe, the Middle East and Caribbean witnessing daily the changes in our societies and working proudly to improve the lives of women and girls. SIFAF Soroptimist International Africa Federation is established in 2020 with African countries from within European Federation.

VISION

Women and girls will achieve their individual and collective potential, realize aspirations and have an equal voice in creating strong, peaceful communities worldwide.



MISSION

Soroptimists transform the lives and status of women and girls through education, empowerment and enabling opportunities.

PRINCIPLES

The principles of Soroptimism are to strive for:

- The advancement of the status of women
- High ethical standards
- Human rights for all
- Equality, development and peace
- The advancement of international understanding, goodwill and peace

Our organization, Soroptimist International of Europe, holds special consultative status at the United Nations' ECOSOC and has participatory status at the Council of Europe and the European Women's Lobby. Soroptimist International of Europe exchanges with these institutions and provides them with evidence-based information for the formulation of policies that advance women's issues.

Each year, Soroptimists design, fundraise for, and implement thousands of projects that benefit women and girls in their communities. To the extent that women's needs across the world vary, Soroptimist projects vary as well. That said, all Soroptimist projects share three characteristics:

- They address a local need
- They are conceptualized and implemented locally
- Their main purpose is to bring concrete improvement to the lives of women and girls

Soroptimists work in five key areas of importance to women and girls:

- **EDUCATION**

Building and refurbishing of schools, provision of school supplies, curriculum development, scholarships and mentoring, continuing education for migrant women, legal literacy training for women, lobbying for equality in education.

- **ECONOMIC EMPOWERMENT**

Vocational training, business skills training, farming skills training, microcredit loans, childcare for job seekers, improved access to resources, lobbying for equality in employment.



- **ELIMINATING VIOLENCE AGAINST WOMEN**

Building of shelters, building of protected courtrooms, counselling services, aid to victims of violence, anti-trafficking initiatives, lobbying for the elimination of violence against women...

- **HEALTH AND FOOD SECURITY**

Building and refurbishment of hospitals, provision of medical supplies, nurse/midwife training, tests/screenings, education on reproductive health and rights, lobbying for improved health care...

- **SUSTAINABLE ENVIRONMENT**

Building and refurbishment of sanitary facilities, sustainable farming initiatives, waste management, greening initiatives, lobbying for environmental sustainability.

ORGANISATION AND STRUCTURE

SI is made up five Federations ;

Soroptimist International of the Americas (SIA)

Soroptimist International of Europe (SIE)

Soroptimist International of Great Britain and Ireland (SIGBI)

Soroptimist International of South West Pacific (SISWP)

Soroptimist International of Africa (SIFAF)

The SI HQ office is based in Cambridge, UK.

Find out more

Visit the websites to find out more:

Soroptimist International (SI) – www.soroptimistinternational.org

Soroptimist International of Europe (SIE) – www.soroptimisteurope.org

Soroptimist International of Turkey (TSKF) – www.soroptimistturkiye.org



SOROPTIMIST INTERNATIONAL OF TURKEY (TÜRKİYE SOROPTİMİST KULÜPLERİ FEDERASYONU)

As a representative of Soroptimist International of Europe, SI Turkish Union has carried out the global mission of Soroptimist International in Turkey since 1948.

The Union is a public spirited association with over 1000 members in 33 clubs located in 13 cities of Turkey. In 1948, the first Soroptimist club in Turkey was founded in Istanbul by the novelist Müfide Ferit Tek. The Union was established by merging the Istanbul and Ankara clubs in 1953.

SI Turkey focuses on following objectives as identified before:

- Education
- Economic Empowerment
- Eliminating Violence Against Women
- Health
- Sustainable Environment

COMMUNITY TRAINING CENTERS

The Turkish Union has five Community Training Centers in different cities: Gültepe (Istanbul), Atatürk (Ankara), Başkent (Ankara), Ege (İzmir), Balat (Istanbul).

The Soroptimist Community Training Centers are symbols of friendship, solidarity, and cooperation. These centers are an integral part in the campaign against illiteracy.

Soroptimists are constantly in search of areas that will enable us to use the center son a grater scale. These centers offer income generating courses to young women and mothers. The courses offered include: Reading and Writing, Sewing, Home-Economics, Carpet Weaving, Accounting, Foreign Languages, Childcare, Computer Literacy and Health Care.



BALAT CULTURE HOUSE



Fener Balat, a district which is one of the most important touchstones of our cultural heritage, an area that is protected by UNESCO and EU Project due to its historical and touristic structure, attracts attention of many people and several institutions with its architectural and social texture. The district where Turkish, Greek, Armenian and Jewish people live together

in harmony, carries the breeze of history reflecting the serenity and experience of the centuries gone by on the one hand and the dynamism of our age on the other, has an ever changing face. One such novelties that came along with this change is the “TSKF Balat Culture House” that was opened up on 17th June 2010.

Balat Culture House, which is made up of two adjacent buildings and a small backyard is designed to serve different functions simultaneously. At the ground level, a professional kitchen has been built as a part of the foundational project regarding the building In this kitchen the food to be served in the cafe in the second floor is prepared and it is also possible to run a cooking course with 20 participants. The entrance level of one of the buildings and the backyard garden serves as a cafe. This space is used by Soroptimists as a meeting ground and the visitors to the district can have a cup of coffee or have lunch in this historical building enjoying its beauty.

The entrance level of the other building is used as managerial section. In the upper level of the building which has the cafe, there is an art gallery. We aim at hosting an exhibition here every month. The upper level of the managerial section is organized as a meeting and education area. In this section, the Soroptimist Clubs organize gatherings and trainings for the women and children of the district are provided.

The building is designed with a double-use. The first use is to provide trainings and services in line with the aims of the Soroptimist clubs, the second use is to do with raising funds to cover the costs of this services and the building and allow the cooking course participants to earn some money using the skills they gained at the course. After this comprehensive project is applied reaches its full force, Soroptimist members will try to make a difference in the cultural, social and economic areas by building a bridge.

Balat Culture House, which was closed due to the pandemic, was reopened with an official ceremony on November 27, 2021. As of February, the 2nd building of Balat Culture House was rented and started to serve as Kaffa Miro. Balat Culture House Executive Board started its work by organizing a Women's Workshop. Later, the project titled "Korobiz, Our Story with Melodies" started its work by receiving a grant from Elele Dialogue, a sub-grant program of the European Union, within the scope of Culture and Arts. Again organized by the executive committee, Balat Mothers Talks, Educational Support for Balat Children, "Womanly Readings" book reading event, courses organized in various fields, New Year, Spring and Children's Festivals, Antique Market, Concerts were held on certain days throughout the year.

On the 12th of June 2022, the foundation anniversary of the Balat Culture House was celebrated. At the Balat Talks meetings, which started with the opening of 27th November 2021, trainings on many subjects such as law, health, personal-sensory development, financial literacy were given to the women of Balat every week with the joint effort of all Istanbul Clubs.

<http://www.balatculturevi.org/>

<https://www.facebook.com/balat.balatculturevi>



Boğaziçi Soroptimist Kulübü
Biz Hazırız, projesi kapsamında

**Şiddetin her türü ile başa
çıkarak üzere hem duygusal
hem fiziksel olarak
güçleniyoruz**


Seda Horunoğlu
Bireysel Savunma Eğitmeni, Mimarı


Sinem Olcay
Kademoğlu
Uzman Psikolog

**balat
buluş
maları**

04 Haziran 11:00

TÜRKİYE SOROPTİMİST KULÜPLERİ FEDERASYONU
BALAT KÜLTÜR EVİ



TEACHER SUPPORT WORKSHOPS

(TURKISH UNION)

Almost overnight school lessons in Turkey went from being given in the classroom, to online. This new reality, driven by the COVID-19 pandemic, was not easy for teachers to adapt to as, for many, it was the first time they were teaching online.

The Federation of Soroptimist Clubs of Turkey realised that something needed to be done to support teachers to successfully provide Turkish children with an education online. They established an Academy to give specialised and tailor-made training programme for local teachers to adapt to this new way of teaching – providing them with new techniques and allowing them to gain the qualifications needed.

By providing Turkish teachers with this professional support, Soroptimists of Turkey aimed to attain quality education for society. This is especially significant, as all teachers taking part are from public schools. The knowledge gained by these teachers was used to improve online education for low-income students.

The idea of having such a programme was to create a multiplier effect on future generations. The 'Teacher Support Workshops' project was developed by the Soroptimist Union of Turkey and funded by club members.

It aims to increase professional competencies and hopes that our teachers taking part will transform their schools into a learning school through internal communication. To raise awareness that teachers who provide professional and personal development can transform their schools into learning schools by communicating with other colleagues in the schools where they work.

Seven-month long project continues to run face-to-face and online training sessions in cooperation with EKIP (Quality Cooperation Platform in Education).

The training consists of three main topics:

1. Class management
2. Differentiated teaching methods and techniques
3. Assessment and evaluation

The first face-to-face training was held in Ankara 11-12 December with 40 teachers attending from cities across Turkey. This interactive training was about Classroom Management and Effective Communication Techniques. On 9 January, online training on Differentiated Teaching Methods and Techniques took place. It continued with 1 full day of online training every month (January-February-March-April-May-June). It was also supported by the feedback process held every month. It started with the visit of Ataturk's Mausoleum on June 10-12, 2022 and it was completed with the training and certificate ceremony held at the Ankara Gür Kent Hotel.

Then, feedback was received from all teachers through our questionnaire investigating the impact of the "Teacher Support Workshops" project on their professional and personal development.



Assuming that all those working in schools are learners, this is the "learning organization" model. In this context, effective learning of teachers was supported. We contributed to the professional and personal development of our teachers in order to raise the new generation with the necessary knowledge and equipment to keep up with our developing and changing world. The seminars and workshops held with teachers throughout the year were supported to increase the professional competencies of teachers.







YOUTH CAMP

(TURKISH UNION)

It is a youth camp organized for Soroptimist's scholarship students in order to increase their academic and social skills and expand their social awareness. It is also a guideline to increase their feelings of belonging as well as help them to realize their responsibilities as individuals.

While paving the path with our motto 'Our Unity is our Power; Women are Our Future'; the aim was to assist the students mentally and physically as they move on from their academic life to the business world as highly motivated, self confident women.

7th Turkish Union Youth Camp, one of the most important projects, was organised between the dates September 12- 17, 2022, at Sifne Thermal Hotel in Cesme, İzmir. Total of 22 scholarship students participated mostly being 4th year undergrad university students. The program was made according to the needs and wants of the students and presented both by Soroptimist club members and outstanding, experienced 21 trainers and educators from various fields. During the camp great network, friendship and social contacts were made among the students, educators and visiting soroptimist sisters.

Tasks were assigned to the Board Members of Turkish Union and the scholarship Committee. The application requirements were sent to the clubs. The applications received were evaluated and the final name list of selected scholarship students was made. The courses, workshop with their topics and contents were determined. Educators were selected and the program was made. While a venue for the camp was being searched, contacts were made by the Municipality of Cesme and a contract was made with the Sifne Thermal Hotel owned by the related municipality.

Questionnaires were distributed to the participants. According to the feedback, data and replies given, the union observed that their goals were reached. Mission accomplished. Soroptimist clubs also gave feedback about how successful the camp was.



Soroptimist gençlik kampı 2022





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“KOROBİZ, OUR STORY WITH MELODIES”

(TURKISH UNION)

Turkish Union Balat Culture House President and Executive Board, the "KoroBİZ – Our Story with Melodies" Dialogue for Change through Culture and Art project carried out. intercultural dialogue choir, grant providers European Union - ELELE Fund the one which; It is supported by the Non-Governmental Organizations Capacity Building Grant Program.

The main focus of the project is to contribute to social peace, a democratic and egalitarian society functioning through music by focusing on culture and art, by developing dialogue and cooperation between different cultures.

The choir, consisting of young people between the ages of 15-29 in Turkey, sings songs written in different languages but with common feelings.

The project started on February 10, 2022 and will be completed on November 9, 2022. This project was launched on May 22, 2022 with a meeting attended by representatives of relevant institutions and organizations, Club members and invited guests. In this introductory meeting, the choirists gave a mini concert.

Within the framework of the project, infrastructure requirements such as piano, technical equipment, social media agency and similar infrastructure are met from the project budget. There will be two concerts in near futures.Rehearsals continue.



Bu işin ELELE DESTEK Programı kapsamında Avrupa Birliği desteği ile hazırlanmıştır. İşin sorumluluğu teminle Türkiye Soroptimist Kulüpleri Federasyonu'na aittir ve AB'nin görüşüne yansımaktadır.



**EDUCATE,
ENABLE
CREATE OPPORTUNITY**

(TURKISH UNION)

As business and professional women, the “Educate, Enable, Create Opportunity” Project was initiated in order to support the participation of our women and young girls in business life in Turkey and to provide vocational qualifications and job opportunities for our women and young girls in this period of economic difficulties.

The aim of the project is to provide vocational training so that women and young girls can have a job, increase their professional qualifications and/or improve themselves, and support them to start their business life.

In the researches carried out in this direction, the business lines that need more employment were determined and it was planned to give trainings in these business lines first.

Ready-to-Wear Pattern Making Course

As Turkish Union, an online Ready-to-Wear Pattern Making course was opened for women and girls and an 8-week training program was completed with the participation of 25 trainees. Two online trainings were held by experienced fashion designers in order to strengthen the professional equipment of Ready-to-Wear Patterning trainees.

Computer Aided Pre-Accounting Course

In Antakya, which was determined as a pilot province, in cooperation with the Antakya Chamber of Commerce and Industry, Teofarm Antakya and Antakya Club; With the aim of creating employment, it is aimed to train the strong women of the future by providing the young people to specialize in pre-accounting and by providing them with supportive workshops and well-being.

The Computer Aided Pre-Accounting Course was launched on 8th June 2022 and a course program was continued for two months. The program with 10 women participants was completed on 25th August 2022. A very important point for us is that after the program, 4 trainees were placed in jobs and they gained their economic freedom.





EASILY: A COLORFUL LEGAL LITERACY PROGRAM FOR WOMEN

(TURKISH UNION)

EASILY A Colorful Legal Literacy Program for Women project aims to increase the legal literacy of women with limited opportunities, to support their access to justice by explaining the ways of legal aid and support, and by creating awareness of seeking rights.

Thus, it is aimed to contribute to the prevention of active and passive violations of women's rights in Turkey.

EASILY project, the legal members participating in the project share their knowledge and experience on women's rights and gender-based violence, women's economic rights and family law. The project has two main activities. The first is the awareness raising and information campaign to be carried out through TSKF social media accounts, and the second is the face-to-face interactive trainings with approximately 700 women with limited opportunities, which are targeted to be accessed through the clubs and community training centers within Turkish UNion.

Legal issues are discussed in four different practical training sessions where the participants visualize their lives and thoughts in a warm environment where women can express themselves comfortably. These interactive training sessions consist of three parts, which can sometimes be intertwined.

(1) Handicraft visualization,

(2) Legal conversation,

(3) Questions and Answers: section where we answered the questions of the participants and directed the women in need to the Legal Aid units to get support.

Before the trainings, our lawyer members formed a working group and created the Legal Information Notes containing the answers to more than seventy questions within the scope of the project.

Municipalities, relevant NGOs and Bar Associations were also contacted, and the relevant units were informed about the project and their necessary support was received.

The launch of the project took place on September 7, 2022 in Mersin with a large participation. The project started on September 8, 2022 with the implementations of Adana and Seyhan Clubs. Later, it continued with the start of the project by İzmir Ege TEM, Alsancak and İçel Soroptimist clubs. Other Clubs participated to the project during October 2022.

The project will be completed with the exhibition to be held on November 5, 2022



EASILY: A COLORFUL LEGAL LITERACY PROGRAM FOR WOMEN

Soroptimists support disadvantaged women's access to justice in different cities of Turkey.

We are proud to launch our new project aiming to improve the legal literacy of disadvantaged women across all provinces in Turkey, to encourage them to make use of legal support and assistance services and to facilitate their access to justice. The EASILY project will be implemented with the financial support of the European Council and the European Union. We will be honoured to have you join us for the launch event.

Date: September 7, 2022
Time: 15:30
Place: Mersin Tenis Kulübü

SEVİL KOCA
President
Federation of Türkiye Soroptimist Clubs





16-DAY ACTIVISM SOCIAL MEDIA CAMPAIGN

(TURKISH UNION)

In order to draw attention to Violence Against Women and to be more visible, Soroptimist Turkey has prepared a visual to be used during the 16 Days of Activism – Orange Days, starting from November 25, the International Day for the Elimination of Violence against Women and Solidarity, until December 10, Human Rights Day.

A different slogan was used on this image every day for 16 days and it was shared daily with all Soroptimist clubs in Turkey. All Soroptimists were asked to share these images, which draw attention to different aspects of violence, on social media with the same hashtags:

#16DaysOfActivism, #WeStandUpForWomen, #YasalaraDokunmaUygula,
#WomanCinayetleriÖnlenen, #Soroptimist Turkey

Some of the slogans are used as below:

- Don't be silent about violence. We stand by the struggle of women against physical violence against women
- Don't be silent about violence. Economic violence is the beginning of violence against women. Do not be quiet
- Don't be silent about violence. Don't be silent about mobbing against women in all areas of life.
- Don't be silent about violence. We do not remain silent about cyberbullying against women.
- Don't be silent about violence. We know that sexual violence is not limited to rape and we do not keep silent.
- Don't be silent about violence. Nine out of 10 women in Turkey are exposed to dating violence. Don't be silent about dating violence



16Days 46w

**ŞİDDETE !
SESSİZ KALMA !**

KADINLAR
Üzerinden Yapılan Siber
ZORBALICA
Susmuyoruz!



Türkiye Soroptimist Kulüpleri Federasyonu

Send message

16Days 46w

**ŞİDDETE !
SESSİZ KALMA !**

Hayatın Her Alanında
KADINA
Karşı Mobbinge
SUSMA!


Türkiye Soroptimist Kulüpleri Federasyonu

Send message

16Days 46w

**ŞİDDETE !
SESSİZ KALMA !**

Cinsel Şiddetin Sadece
TECAVÜZ
İle Sınırlı Olmadığını
Biliyor
ve
SUSMUYORUZ!



Türkiye Soroptimist Kulüpleri Federasyonu

Send message

16Days 46w

**ŞİDDETE !
SESSİZ KALMA !**

Türkiye'de 10 Kadından 9'u
Flört
ŞİDDETİNE
Maruz Kalmaktadır.
Flört Şiddetine
SUSMA!



Türkiye Soroptimist Kulüpleri Federasyonu

Send message

16Days 47w

**ŞİDDETE !
SESSİZ KALMA !**

EKONOMİK ŞİDDET
KADINA YÖNELİK ŞİDDETİN
BAŞLANGICIDIR...
SESSİZ KALMA


Türkiye Soroptimist Kulüpleri Federasyonu

Send message



THIS IS MY WORD CAMPAIGN

(TURKISH UNION)

As Soroptimists, we aimed to draw attention to different aspects of gender equality with the 'This is My Word Campaign', which was organized using the color orange, which symbolizes light and hope, during the 16 Days of Activism between 25 November and 16 December.

During the orange days, a Challenge was held on social media with a short video that draws attention to violence and the action we will take to solve this problem. The first challenge was started by Turkish Union President Sevil Koca on November 25 and lasted until December 10 with the participation of Soroptimists.

Each Soroptimist created a short video recording using an orange garment or accessory (orange scarf, scarf, orange t-shirt, shirt, dress, sweater, jacket, cardigan) or an image containing the phrase specified for a campaign, using the color orange. Soroptimists used the slogan 'I said my word; now it's your turn' while sharing the prepared image or video and tagged the people and invite using @. The person who was tagged also increased the interaction by tagging different people while sharing their own.

Example Slogans:

1. Violence against women is a social problem. This is my word; I am also involved in the fight against violence against women.
2. Violence against women is a human rights crime. This is my word; I will not tolerate violence.
3. We are exposed to different forms of violence due to gender inequality. This is my word; I am also in the fight for an equal future.
4. The root cause of violence is gender inequality. This is my word; I support the fight against discrimination based on gender.

Used hashtags:

#SozumSoz, #16DaysOfActivism, #WeStandUpForWomen, #LawsDokmaApply, #WomenCrimesCanBePrevented, #Soroptimist Turkey

Outcomes of the Campaign:

- Emphasizing the importance of the gender bond of violence and contributing to its internalization
- Increasing the value of women's voices and words
- To draw attention to language problems
- Seeking and increasing equal representation in every environment.





DON'T STAY SILENCE AGAINST VIOLENCE

(TURKISH UNION)

The '16 Days of Activism Against Gender-Based Violence' to raise awareness against gender-based violence, which we call the 'Orange Days', starts on 25 November, the United Nations International Day for the Elimination of Violence Against Women, and continues until 10 December, International Human Rights Day.

The 16 Days of Activism campaign provides Soroptimists with the necessary opportunity to make our voices heard against violence.

The visuals prepared by SIE for the Orange Days were edited in Turkish by the Soroptimist Turkey Union Board and the Program and Advocacy Team and shared with all Soroptimist clubs.

The aim is to raise awareness on violence against women and girls and their rights on the community for the prevention and elimination of violence. Billboard posters and banners that is included emergency line of government were created and designed under the leadership of Turkish Union to draw attention to the violence against women and girls, to raise awareness on society. These posters were placed in different cities were hung in public area like bus,train, metro stations for 16 days. Banners were hung in shopping malls, buses, pharmacies, cafes, education areas and etc. shortly, women and young people in all places that they can see them in their daily lives. These posters and visuals were used in all activities to raise awareness of community about violence against women and girls during 16 days activism program.

With this campaign, it is aimed to draw attention to all kinds of violence against women and to make the ALO 183 helpline more known.







ORANGE DAYS IN DENİZLİ

(DENİZLİ SOROPTIMIST CLUB)

Within the scope of combating violence against women/girls, the 16-day orange days events, which are held under the leadership of our association on 25 November-10 December every year, were held with greater participation this year. Denizli club organized an awareness campaign to raise public awareness about violence against women and children. The campaign activities, in which orange objects, clothes and accessories, and fruits were used, were very interesting. All organizations, meetings, invitations, visits to the participants and moderation were carried out by Denizli club. Organizing the meeting place, catering, hall expenses, event visuals were paid by the sponsors. "Notice - Understand - Prevent" march and concert: The campaign started with a march. A joint press release was issued. With the participation of the provincial protocol, people from 36 different groups carried out a march for awareness of violence and solidarity together. 'We Are Away At Night Concert' was held. In this concert, images of our murder victims were used. Interview on Equality Right Now: An information sharing and solidarity event was held by inviting local official institutions and NGOs.

It is aimed to ensure that institutions and NGOs recognize each other in the prevention of violence against women/girls by moderating of a psychologist from Denizli club. For the first time in our province, the fight against violence against women was discussed on the basis of gender equality and under the leadership of an NGO (20 different groups in total).

'Contact in Combating Violence Against Women' conference: The legal and psychological dimensions of violence against women/girls and how to behave in cases of violence were explained by the club member psychologist and lawyer in the Pamukkale University conference hall. University staff and health personnel candidate students attended the conference. Dating Violence Conference: Denizli club member psychologist gave a dating violence conference to the students staying in Pamukkale University girls' dormitories. It was aimed to raise awareness about the topic.

https://drive.google.com/file/d/1u8V2Reur9uHX87x_z_0OS0sHkqEyczhl/view?fbclid=IwAR0A_gWle0ECMNbvPN6V-KojpnQ6tqql-ohT154uI3hu







ORANGE DAYS 2021

(ULUDAĞ SOROPTIMIST CLUB)

Within the scope of the “Orange Days” announced by the UN and supported by the SI, during the 25 November-10 December Activism Days”, there are 6 activities in our advocacy project to raise awareness and to announce this issue to our environment.

These projects are :

Placemats Painted Orange; The orange placemats with an antiviolençe slogan and information on ‘ALO Violence Hotline’ and types of violence were designed. 20000 mats were printed, delivered in 22 different locations (company dining halls,restaurants,cafes). 16 days Bursa residents ate their meals on these and their awareness increased. Informed and impressed people took these papers with them and shared on social media.

Sailboats Painted Orange; after the support given to Uludağ Club by the president of Bursa Sailing Club in correspondence and obtaining the necessary permits; on December 5 with boats equipped with orange flags with slogans on the sea, with informative brochures and orange banners, orange scarfs, orange hats (made by Yesim Textile) with striking messages Uludağ Soroptimist members on



the shore. The sea was painted as Orange in Mudanya Bay. Besides Uludağ Club members and sailing club members, our families, friends, Bursa Soroptimist Club Members supported this event. We delivered informative brochures, answered questions of the public. People around supported the campaign also. Local press and television crews filmed and made interviews with club members. We all were a single voice with “No To Violence Against Women” slogan.

Akeramos Art Orange Days Exhibition; a free of charge exhibition for 10 days.

Aim was to create public opinion with the

works that encourage the visitors to think about the subject.

Social Media Awareness Posts; The photos and videos sent by Uludağ club members and scholars on their social media accounts shared every day. The social media content has spread beyond our social circle and adopted and shared by people from other cities.

To raise the awareness about Peer, Dating and Digital Violence, the seminars have been organized seminars for high school girls in two different locations.

Facebook:uludagsoroptimistclub

Instagram: uludagsoroptimist

<https://www.facebook.com/100004604862299/posts/2107352242761584/?d=n>

5 ARALIK PAZAR / MUDANYA MÜTAREKE BİNASI YANI / SAAT 13.00-15.00

Mudanya'da Turuncu bir gün

Saat 13.00 Trilye Barınağı önünden hareket ile Mudanya'ya kıyı seyri
Saat 14.00 Mütareke Binası Önü Mudanya'da yarım ay nizamı ile bayrak gösterme.

5 Aralık Pazar
**KADINA ŞİDDETE
DUR DE!**

Uludağ Soroptimist kulübü de Mudanya'da Mütareke binası yanında aynı anda etkinlik yapacaktır.

ULUDAĞ SOROPTIMIST KULÜBÜ
**KADINA ŞİDDETE
DUR DE!**
25 KADINA ŞİDDETE
KARŞI ULUSLARARASI
KASIM MÜCADELE GÜNÜ



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VIRTUAL LEADERSHIP ACADEMY 2021**(TURKISH UNION)**

The main target of the Leadership Academy is to empower and inspire young women through specifically designed leadership training. The Soroptimist Leadership Academy supports the Soroptimist International Programme "Educate-Empower-Enable". Our vision is as stated: Women and girls achieve their individual and collective potential, realize aspirations and have an equal voice in creating strong, peaceful communities worldwide. To realize our vision, we aimed to fulfil our mission by transforming the lives and status of women and girls through education, empowerment and by enabling opportunities as mentioned above. Soroptimist Leadership Academy was a leading teamwork with participating 27 young women and inspiring lecturers. As a result of the meeting close to the end of 2020 held on the continuation of the leadership academy work with the members of SIE Programme members; considering the pandemic conditions, SI Turkey has applied to share the leadership academy experiences and knowledge that it has carried out with Single Club Struga and to re-start Soroptimist International of Europe (SIE) Leadership Academy Project which is one of the essential projects of SIE. The leadership Academy 2021 was conducted as virtual environment by SI Turkey between 5th and 10th July. SIE Virtual Leadership Academy 2021-Istanbul program was carefully designed with the aim to improve leadership skills of the participants and inspire them. In this project to prepare them to their professional life, the lessons were given about finance, resilience & stress management, embodying assertiveness, technology in the business, emotional intelligence, creating intelligent relationships, entrepreneurship, the universe & women with STEM. There were two interactive workshops about business life and intercultural communication. Role models were chosen from successful women who works in different business sectors and their videos were shown. The website were prepared for this project. LA has met the expectations of the participants with the outstanding presentations performance of lecturers and role models. We gave the certificates that would be their reference in their future business.

More details; <https://sie-la2021-istanbul.com>





Recording You are viewing Ayca Ulku's screen View Options

RESILIENCE MATRIX

COPING
BEING ABLE TO TAP INTO INNER RESOURCES, SKILLS AND STRENGTHS TO COPE AND RECOVER FROM PROBLEMS, SETBACKS AND CHALLENGES, AND TO "BOUNCE BACK."

GRIT
RESILIENT PEOPLE NEVER GIVE UP. THEY FIND IN THEMSELVES THE STRENGTH TO TACKLE PROBLEMS HEAD-ON, OVERCOME ADVERSITY, AND MOVE ON WITH THEIR LIVES.

EMOTIONAL INTELLIGENCE
BEING ABLE TO ANALYZE AND MANAGE FEELINGS AND EMOTIONS IS A KEY SUCCESS FACTOR TO DEAL WITH COMPLEX SITUATIONS MORE POSITIVELY.

SENSE MAKING
BEING ABLE TO SENSE UP POSITIVE EXPERIENCES AND LEARN FROM THEM, BEING ABLE TO MAKE LIFE MEANINGFUL BY HAVING A SENSE OF PURPOSE, AND GOALS FOR FUTURE.

Participants: Ayca Ulku, Tuğçe Türkoglu, Jale Mekiş Diker, Sila Karakus, Zuleyha Çite, Peyman Eren, Pelin Hamurabi, Alice RODE, Sule Gümürdü, Melike Koç, Nilgün Pakkan, Büşra Bilge Şen, Alicia Casper Fa, dodo meparishw, Maria HACIRAS.

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«Gentle Leadership» or «Soft Leadership»
to achieve one's goal in a different way

"Gentle Leadership is not the exercise of power and authority, but rather the exertion of influence over the feelings, thoughts and actions of others. And it calls on very special attributes and behaviours as we have seen".

M.S. Ram, *Leader to Leader*, Soft leadership: Make others feel more important – 2012 - University of Pittsburgh

Participants: Pelin Hamurabi, MARIA LUISA FR., Peyman Eren, Jale Mekiş Diker, Nilgün Pakkan, Alicia Casper Fa, Nur V. Kavuncu, Tuğçe Türkoglu, turkey/emek club, Sila Karakus, Melike Koç, Zuleyha Çite, Mahan Eslami, dodo meparishw, Ariane Duwe, Şule Gümürdü, Büşra Bilge Şen, SEVİL KOCA, Filiz YAYLA, Kübranur Karak...

Security Participants Polls Chat Share Screen Record Reactions Leave

SAGE**(ETİLER SOROPTIMIST CLUB)**

SAGE in Work project was created to raise awareness about gender equality in working life. SI Etiler implemented the project as the main and sole executive with the grant support of 60,000 Euros by the EU Civil Society Support Program. SAGE in Work project consisted of 4 main components; (1) ChangEquality University Events, (2) ChangEquality Ambassadors, (3) Mentorship Program and (4) International Conference of Gender Equality in Working Life.

For ChangEquality University Events we adopted the gamification method to increase participation and developed an interactive board game called ChangEquality at Work to convey the gender issues. We played the game on 15 occasions with nearly 500 students at 11 universities in Istanbul. As a result of these university activities, we achieved an increase of 73% to 95% in the gender awareness level of the students.

ChangEquality Ambassadors For the sustainability of our project, we selected 10 volunteer female students, equipped them with the competencies to perform the game. Ambassadors reached 120 more people within three months before the covid-19 pandemic. During the quarantine, they continued to play the game on the Zoom platform.



Within SAGE Mentorship Program, 25 soroptimist businesswomen supported young women who will soon get graduate degrees to secure a strong and permanent place in the working life and to gain resilience against inequalities. They had an average of 8 interviews during a 7-month period within a structured program. It was completed with 92% success and 85% general satisfaction level. A 20% increase was achieved in the personal strength of the mentees.

Women Bridging Glass Cliff: International Conference of Gender Equality in Working Life was held in Istanbul and became the most

prominent component of the SAGE in Work Project. We examined the current gender inequalities with national and international speakers and shared the practices and policies that will solve the problems. Moreover, the media coverage of the Conference allowed us to reach and embrace a wide audience locally and internationally and brought us closer to our goal of contributing to the struggle for equality in working life.



**EQUAL OPPORTUNITY IN EDUCATION / COMPUTER DONATION TO
KARAYUSUFLU PRIMARY SCHOOL****(ADANA SOROPTIMIST CLUB)**

During the Coronavirus Pandemic, many students had to attend school from their homes, and many could not because they didn't have access to any means of technology to attend online education. As the Adana Soroptimist Club, we wanted to support the Administration of National Education's plan to create classrooms for students without computers/tablets. These classrooms would be used for online education during the pandemic and would become robotics coding classrooms after the pandemic. We researched for second hand computers as well as brand new computers since these classrooms required a minimum of 5 computers to operate. The fact that we incorporated second hand computers within this project brought an environmental-friendly aspect to this project. Aslı Filinta, the fashion designer who previously supported the Adana Soroptimist Club by donating uniforms for students in prior projects indicated she could support us by sponsoring some of the new computers. ABC Company, the company owned by the previous president of the Adana Soroptimist Club, Demet Bilici, also supported this project by

donating many computers. We also asked for support from unions of chambers and commodity exchanges and non governmental organizations in written form. Adana Soroptimist club has donated a total of 5 computers and one printer (3 new and 2 second hand computers) to Karayusuflu Primary School on May 24th, 2021 and activated one online education classroom. This donation was the first of many computer donations made by the Adana Soroptimist Club in 2021. With the other donations, Adana Soroptimist Club donated a total of 13 new and 17 second hand computers and 3 printers with this project.



GIRLS PLAYING THE VIOLIN

(İZMİR SOROPTIMIST CLUB)

The violin courses to 20 girls from a disadvantaged district of Izmir were offered. The goal of this project was reaching girls from low - income families, introducing them to classical music and providing their fundamental education on playing the violin. İzmir Soroptimist club wished to provide an environment to help them discover their potential skills and also aimed at reaching the mothers of these girls and giving them educational support .



Preparations started in September, 2021. A poster was made and shared to reach the candidates. We got support from the Yorglass Children's Symphony Orchestra for Peace in finding potential students. This is an orchestra for children from disadvantaged families, with 140 members currently.

20 girls with ages between 7 – 10 were selected from Esrefpasa, a disadvantaged area in Izmir. The violins were bought for the girls. It was decided to use the facilities of the Orchestra as the training center.

On Oct.1, violin courses started. Music stands, violin strings, notebooks and books etc. were also purchased by İzmir club. Violin lessons were given by teachers appointed by the Orchestra. Girls received six classes a week in two groups for three months. All the lessons were done face-to-face. Food was also provided for the students.

Another goal was to give their mothers educational support. Six seminars were organized for them. The seminar's subjects are health, family relations, children's rights, and violence against women. Seminars for the mothers started on Oct. 19, 2021. The last one was on Jan. 12, 2022. The first two of the seminars were face-to-face. But later, the online conferences were given because of the pandemic.

The members of İzmir Soroptimist club also visited the Orchestra's venue during Orange days and they gave orange balloons and masks as gifts and talked to the mothers on violence against women.

By 31 Dec., the music classes were completed, however, to our rejoice, 19 out of 20 girls are continuing with music classes in the Orchestra. As Soroptimist we are proud to change their lives permanently. We think some of these girls will choose music as a profession. Even those who will not, will benefit from the refining power of music.



35 CLUBS SUPPORTING 35 EARTHQUAKE VICTIMS

(İZMİR SOROPTIMIST CLUB)

A powerful earthquake was happened in Izmir on 30 Oct., 2020. 117 people died and many buildings collapsed. Many families and women were left homeless. Most of them could find a place to stay with the help of Municipalities and other organizations. However, they were lacking home appliances to survive. According to the information gained from the municipalities, the highest demand was on white goods. Therefore, it was decided to focus our project on this need.

Soroptimist friends, along with Municipality and neighborhood administrators, gave us information about the victims and their needs. Various firms were contacted for providing the goods. The Company Vestel offered free logistics and a discount on the prices.

Our main target group was women living alone, women as family leaders and then families respectively.

This project was initiated by Izmir Club and carried out with Alsancak, Goztepe, Karsiyaka, Kordon and Denizli clubs. It was announced to Turkish Union and to the other clubs. Six friendship link clubs of Izmir (Düsseldorf - Pempelfort, Dortmund, Mainz, Menton, Lamezia Terme, Moss) and three of Karsiyaka (Hanover MM, Versailles, Merate) were our main supporters in this project. As the funds were collected at our Union, purchases of goods were made. Vestel Company distributed the goods to the victims' addresses one by one.

Our initial target of 35 women was exceeded reaching 39 women (75 persons along with family members). When the project was completed on February 22, 2021, a total of 34 fridges, 31 washing machines and 18 cookers (kitchen stoves) have been distributed.

A total of € 18.300 was raised for the purchase of white goods, of which € 6.800 was collected by Izmir Club.

The women who received white goods shared their feelings and thoughts in the messages and photos they sent to us. They all expressed how happy they were to get to know us. They wrote about how we stood by them during hard times. They said that they gained strength from us.

This project was also significant in that our sisters in Europe were together with us.

They shared our sorrow and contributed funds to our cause. We felt the Soroptimist unity, power and love.





THE ROLE OF HPV OF CERVICAL CANCER & IMPORTANCE OF SCANNING

(GAZİOSMANPAŞA SOROPTIMIST CLUB)

This project is about the cervical cancer and the role of HPV, importance of scanning.

The daughter of one of Gaziosmanpaşa members died of cervical cancer. This situation caused Soroptimist to investigate cervical cancer and find out its reasons. To draw the attention of young people to this fact, we decided to arrange meetings. Ankara University, Faculty of Medicine stated that it can provide specialist doctor support to inform about the subject. We and Doctor Bulut Varlı from Faculty of Medicine met to decide how the program could be effective.

First meeting was held at Ankara University Beypazarı Vocational High School. Approximately 170 students joined the meeting. Doctor Bulut Varlı made a presentation to introduce the illness and the role of HPV. Her comments as a caution and explanations about the cervical cancer made the young people realize the seriousness of the issue.

The expected outcome of this project is to minimise the risk of cervical cancer being pro-active informing the young people.





CHILD NUTRITION AND RECIPES IN ONCOLOGY

(PENDİK SOROPTIMIST CLUB)

It is a book project including recipes for oncology patients and guide for their parents according to hygiene, precautions against infection, treatments and side effects. Oncology Mothers Platform's founder, Elif Soydamal lost her 16 years-old daughter from cancer. SI- Pendik has been met with Elif after her big loss, and we recognized that Elif has been suffered from the lack of resources during her daughter's hygiene, infection nutrition issues. Proper and hygienic nutrition has great importance for cancer patients. According to our researches, no written book was found in this area. SI, Pendik has been initiated and supported to become together of Elif and SI-Pendik member Esra Ergun Alis, MD- Infectious Diseases Specialist to write a book to be guidance for oncology patients and parent/relatives during their treatment. To conclude this book, specialist doctors and nutritionists have been also brought together and the book was published in April 2021. After the publishing, a book campaign was launched inPendik Club. By campaign donations from members and their contacts, 200 books were purchased. 150 books were distributed to the patients and their relatives in the service, inpatient, chemotherapy, hematology polyclinic, pediatric and adult inpatient floors of Capa University Oncology Institute, Istanbul with Club members and Elif Soydamal. 50 books were distributed to the benefiteres of Psycho-oncology Association with Club members and Elif Ozluk, Psycho-oncology Association President. By this book project, Pendik Soroptimist Club has been already reached more than 1.000 patients & relatives. We are also able to reach doctors, nurses and others who are working in this area. This is an ongoing project, and we're still continuing to distribute the books. We receive positive feedbacks, so these feedbacks also encourage us to translate this book to other languages to reach more people.



WE PROTECT OUR HEIRLOOM SEEDS**(TURKISH UNION)**

In this project we first created an heirloom seed bank and germinated thousands of seedlings. We delivered these seedlings to 37 different centers in Turkey including Soroptimists, Women's Cooperatives& Foundations.

We communicated with the the project participants via Whatsapp and gave all necessary informations. We have created a Project Instagram page which currently has 1450 organic followers. We provided trainings via ZOOM for the sustainability of the project. So far we have done three seed workshops. We held trainings on How To Take And Store Seed and How To Germinate Seed including video shoots. Lobbying was also carried out in this workshops! Information was given about Soroptimists to people who participated. With the information they learned, the project participants grew their seedlings, took the seeds, and then shared the seeds with their environment. A synergy arose between the Soroptimists who participated in the project. They have constantly conveyed to the project managers that they are happy to grow their own safe food, have heirloom seeds and share them. In order to spread the Project, a documentary making by Anadolu University, who is project participant. We will share this documentary with all our social media accounts and local TV channels in the second part of our project that we have just started. The sale of heirloomseeds, which is very valuable for both human health and sustainable environment is prohibited in our country. Many people do not know and question how healthy food we consume are. Our aim is; to protect, reproduce and pass on heirloom seeds to future generations. In addition our other major aim is to inform the society about safe and sustainable food and to raise awareness. UN 2022 March 8 Theme” Gender equality today for a sustainable World” In the opening of the theme, it is stated that women all over the world have less access to vital natural resources such as food, water and energy and women have a disproportionate responsibility in protecting and managing these resources. As Turkish Union, we are happy and hopeful that we started this project that coincides with the UN theme on food and where a great famine is expected in a world.

Türkiye Soroptimist Kulüpleri Federasyonu

"Atalık Tohumumuzu Koruyoruz"
Projesi Kapsamında

**Tohuma Bırakma, Tohum Alma
ve
Saklama Atölyesi**

Hidayet Demet ÖZDAMAR



Tarih: 7 Ekim 2021
Saat: 20.00
ZOOM Meeting ID: 836 8709 0290
Şifre: 047067

Türkiye Soroptimist Kulüpleri Federasyonu

"Atalık Tohumumuzu Koruyoruz"
Projesi Kapsamında

**Tohumdan Fideye
Filizlendirme Atölyesi**

Hidayet Demet ÖZDAMAR



Tarih: 19 Şubat 2022
Saat: 20.00
ZOOM Meeting ID: 843 4667 4298
Şifre: 783675

Türkiye Soroptimist Kulüpleri Federasyonu

"Atalık Tohumumuzu Koruyoruz"
Projesi Kapsamında

**Tohuma Bırakma, Tohum Alma
ve
Saklama Atölyesi**

Hidayet Demet ÖZDAMAR



Tarih: 1 Eylül 2021
Saat: 21.00
ZOOM Meeting ID: 852 5832 6778
Şifre: 530172





TSKİ

